



CLUB CACTUS JUNIORS VOLLEYBALL CLUB  
National Training Program Informational Meeting



# MEETING AGENDA

- **Welcome to the Club**
- **Timeline for the Club Season (Registration to Tryouts)**
- **About the CCJ National Program**
- **National Tournament Schedule and Philosophy**
- **Club Tuition**
  - CCJ Cost and Fees
  - Comparing different club models
- **Registration for the club volleyball season**
- **Player Evaluations and Team Selections**



# CLUB SEASON TIMELINE

- 09/01/2024 USA Volleyball Registration Opens
- 10/13/2024 CCJ Informational Meeting**
- 10/15/2024 CCJ Registration Portal Opens
- 10/20/2024 14U-12U National Team Coaches Announced
- 10/25/2024 *14U/13U National Travel Tournaments Released*
- 10/27/2024 **14U-11U Player Evaluations Begin (Open Houses)**
- 11/02/2024 TEAM SELECTIONS FOR 14U/13U/12U/11U**
- 11/03/2024 *Mizuno/Silver National Travel Tournaments Released*
- 11/10/2024 18U-15U National Team Coaches Announced
- 11/18/2024 **18U-15U Player Evaluations Begin (Open Houses)**
- 11/23/2024 TEAM SELECTIONS FOR 18U/17U/16U/15U**

# OUR #PROCESS

- We have athletes that are committed to being successful
- The CCJ Gym Culture creates high expectations
- Coaches are focused on teaching and training athletes
- Mizuno Teams compete Nationally in the highest divisions
- SportsRecruits gives the athlete control of their recruitment



# NATIONAL ATHLETE GOALS

1. Improve athlete's **technical/mechanical** skills
  - Extended/extra practices
  - Positional skills training
2. To **compete against the best** teams/athletes
  - Open Division
3. **Provide Exposure** to collegiate coaches/recruiters
  - Hudl Video Breakdowns
  - SportsRecruits



# NATIONAL PHILOSOPHY

- **Standardized training among Mizuno and Silver Teams**

*A community of coaches must maintain a systematic and technical approach to training to allow the promotion of players*

- **Process/Performance Over Outcome**

*We must develop players. While winning is important, we believe that teaching players to behave and play like winners takes precedence over winning itself.*

- **Winning is Important, but behaving like winners is better**

*Playing in the Open can be difficult and helps reveal character/grit*

- **Collegiate Experience at Travel Tournaments**

- **Recruiting Resources**



# USAV NATIONAL JNQ DIVISIONS

- **OPEN** Division *Compare it to a Collegiate Level*
- **USA** Division *Compare it to a Varsity Level*
- **LIBERTY** Division *Compare to a Junior Varsity Level*
- **AMERICAN** Division *Compare to a Freshman Level*
  
- **NATIONAL** Division *Region Allocated Bid*
- **FREEDOM** Division *Region Allocated Bid*



# THE OPEN EFFECT

- Improvement of Athletes
- Improvement in Arizona Region Rankings
  - *Allocated Bids earned in the Region NCQ*
- Core of Mizuno Teams stay together
- Increase in Collegiate Volleyball offers
- Use of **SportsRecruits** has increased exposure





- Northern Lights JNQ (Minneapolis)
- Red Rock Wave JNQ (Las Vegas)
- Lone Star Classic JNQ (Austin/Dallas)
  
- Cactus Classic Invitational
- Capitol Hill Classic
- JVA West Coast Cup
- USAV Nationals/Summer Soiree





# TEAM TRAVEL POLICIES AND BUDGET



## Factors for scheduling our National Program

- Competition
- Recruiting exposure
- Travel expenses

## Scheduling Based on National Team Level

- Mizuno Teams travel based on age level
- Silver Teams attend driving distance tournaments



## Mizuno National Tournaments (2017-2024)

- **18U Teams:** 4 tournaments (*3 airfare needed*)
- **17U/16U Teams:** 5 tournaments (*3 airfare needed*)
  - *Considers recruiting calendar and exposure*
- **15U/14U Teams:** 4 events (*airfare for USAV*)
  - *Considers less events for expense and recruiting*
- **Silver Teams:** 2 events (*driving distance*)



## Leaving Las Vegas...

- The Red Rock Wave JNQ is very competitive
- Las Vegas hotels (and airfare) is increasing in cost
- However... it's *still driving distance* for a good event

## Easter Weekend 2025

- Effects **14-Mizuno, 16-Silver, 15-Silver, 14-Silver**



## National Tournament Travel Study

- Increase in travel costs since the pandemic
- Number of tournaments (JNQ vs other)
- Team Travel vs Individual Travel

**Proposed adjustments moving forward together**





# NATIONAL TRAVEL BUDGET

BUDGET ITEM PER EVENT	TEAM BUDGET	BUDGET PER ATHLETE	WITHOUT TEAM TRAVEL
<b>ENTRY FEE</b>	<b>\$ 800.00</b>	<b>\$ 90.00</b>	\$ 90.00
<b>COACHING STAFF TRAVEL:</b> Airfare (or mileage expense) Hotel Room Per-Diem	<b>\$ 2,250.00</b> Each Coach at 350/flight: 700.00 Each Coach at 175/night: 1,050.00 Each coach at 250/each: 500.00	<b>\$ 250.00</b>	\$ 250.00
<b>CHAPERONE TRAVEL:</b> Airfare (and local Travel) Chaperone Room Per-Diem	<b>\$ 525.00</b> 0.00 Staff Room at 175/night: 525.00 0.00	<b>\$ 60.00</b>	\$ 60.00
<b>ATHLETE HOTEL ROOMS:</b> Stay-to-Play (Housing Company) Hotel Incidentals	<b>\$ 1,725.00</b> 3 Rooms at 175/night: 1,575.00 150.00	<b>\$ 200.00</b>	
<b>TEAM TRANSPORTATION:</b> 15-Passenger Van (Contract) Fuel Parking at event	<b>\$ 975.00</b> Budget (not actual in 2024): 750.00 150.00 75.00	<b>\$ 110.00</b>	
<b>MISCELLANEOUS EXPENSES:</b> Chaperone Admission Uber and other travel fees Other	<b>\$ 245.00</b> 45.00 50.00 150.00	<b>\$ 30.00</b>	
<b>TOTAL PER EVENT</b>	<b>\$ 6,520.00</b>	<b>\$ 740.00</b> <i>CCJ Contract was \$500/event</i>	

## National Tournament Travel Study

### PROS

- Collegiate Experience
- Team Bonding
- Athletes on same schedule
- Affordable for parents that are unable to travel with team

### CONS

- Family Experience
- Athletes aren't with parents
- Coaches supervise 24/7
- Additional (club) expenses if parents are traveling







# CLUB TUITION AND FINANCIAL CONTRACT



# OUR CLUB TUITION

## TUITION IS **ALL-INCLUSIVE** FOR THE SEASON:

- USA Volleyball team registration and insurance
- Arizona Region Tournament contracts
- Coaching staff salaries and administrative costs
- Facility and operating expenses
- Gym equipment and volleyballs
- **Athlete Gear** (including Mizuno volleyball shoes)
- **National Tournament entry fees**
- **Travel Teams: includes travel expenses (lodging, local transportation)**
- **NOT INCLUDED:** player meals at tournaments
- **NOT INCLUDED:** *player airfare (or travel to/from National events)*





# COMPARABLE CLUB MODELS

BUDGET ITEM	CLUB CACTUS JUNIORS	CLUB B	CLUB C
<b>TRAINING:</b> Practices per week and hours per practice	<b>INCLUDED</b> 3x week at 2 hours		
<b>COMPETITION:</b> Arizona Region Schedule and/or other Arizona events	<b>INCLUDED</b> Division based on team level <b>Cactus Classic Invitational</b>		
<b>NATIONAL EVENTS:</b> Number of out-of-state National Tournaments	<b>INCLUDED</b> Four tournaments		
<b>TRAVEL EXPENSES:</b> Are Hotel Rooms, etc. included in the tuition?	<b>INCLUDED</b> Team Hotels/Transportation		
<b>TRAVEL EXPENSES:</b> Is transportation to/from the host city included	<b>NOT INCLUDED</b>		
<b>ATHLETE UNIFORM/GEAR:</b> What is included in the tuition and what needs to be purchased separately?	<b>INCLUDED</b> <b>Head-to-toe Mizuno Gear</b> <i>Uniform, practice shirts, spandex, kneepads, socks, shoes, backpack</i>		
<b>RECRUITING SERVICES:</b> What assistance is included in the club tuition? Or are there add-ons for services.	<b>INCLUDED (NATIONL TEAMS)</b> SportsRecruits Hudl video analysis		



# OUR CREDITS/FUNDRAISING

## Cactus Commitment (Loyalty) Program

Returning seniors (2025) that have played consecutive years with CCJ

## Cactus Classic Invitational Volunteers and Fundraising

Tournament Committee jobs

Sponsorship opportunities (30% is a credit off tuition)

## Coaching Youth Program

Older players may help coach 11U/10U teams and/or Youth Academy

## Sibling Discount

\$250 credit for each additional sibling

## Pre-Payment Discounts

Pay in Full (cash/check) **on the day of Team Selections**



# CLUB CACTUS

CLUB CACTUS JUNIORS VOLLEYBALL | TUCSON, ARIZONA

PLAYER EVALUATIONS | TEAM SELECTIONS





# PLAYER EVALUATIONS

## PRIOR TO PLAYER EVALUATION WEEK

Register online with USA Volleyball

Returning USAV members must renew for 2025 season

New members must create new membership

Pay the **USAV/Arizona Region Membership Fee**

Register online with CCJ Volleyball

All prospective athletes must register for Evaluations

Pay the **Evaluation Fee**



# PLAYER EVALUATIONS

## PRIOR TO PLAYER EVALUATION WEEK

Provide the following forms:

- *USAV Proof of USA Volleyball Registration*
- CCJ Athlete Information Form
- CCJ Financial Contract Acknowledgement
- Arizona Region Medical Release Form
- Arizona Region Concussion Acknowledgement Form
- SafeSport Acknowledgement Form



# PLAYER EVALUATIONS

## WHAT TO EXPECT AT THE OPEN HOUSES:

Check-in at least 15 minutes prior to start time

**The coaching staff will conduct drills and practices**

See how we train and practice!

Check out the CCJ culture!

**The administrative staff will be available for questions**

Ask what's included in our contract!

Ask about our training philosophy and process!

Sign-up to work at the Cactus Classic and earn credit!





# PLAYER EVALUATIONS

## WHAT TO EXPECT AT THE EVALUATIONS:

Check-in at least 20 minutes prior to start time

There will be a short Parent Meeting once the process begins

Player evaluations will consist of the following:

- Physical Testing

- Skill Evaluation during camp-like instruction and drills

- Positional Evaluation and training

- Competitive Evaluation during controlled-scrimmages

Team rosters will be announced 30 minutes after the evaluation

# PLAYER EVALUATIONS

## AFTER THE EVALUATIONS:

Athletes will receive a Selection Letter via email:

### **National Teams:**

- Commitment should be received within 30 minutes
- *If not making a National Team, athletes will still be considered for regional teams.*

### **Regional Teams:**

- Commitment must be received before leaving gym

\* *CCJ will attempt to complete all rosters and uniform sizing by the end of Team Selections*



# ARIZONA REGION PROCEDURES

## Current High School Volleyball Season:

- No contact with players until after the event
- One-On-One Private Lessons are allowable (verify with coach)

## High School State Tournament (Effective October 31):

- No contact with players until high school team is finished

## Open House Period:

- No Private Lessons of any kind during **Restrictive Period**
- Restrictive Period is defined as 10 days prior to Team Selection Date

## Commitment Period:

- Club's may only offer a position/contract on Tryout Date



# QUESTIONS/ANSWERS



# BREAK OUT

## Director's Chair

- Discussion regarding National Travel survey
- Information regarding Tuition or Financial Contract

## Myrna's Musings

- Information regarding Tryouts, Tuition, Contracts, etc.
- Sign-up to help with tryouts (Player Evaluation Credit)

## Mizuno and Silver National Teams

- Meet and Greet with prospective National Team Coaches

